

MASSACHUSETTS GENERAL HOSPITAL WHOLE BLOOD DONOR ELIGIBILITY GUIDELINES

Weight: At least 110 lbs (100 lbs if giving at the hospital)

Age: At least 17 yrs old.

Last Donation: At least 56 days ago (8 wks)

Nutrition: You must have eaten w/in 3-4 hrs of donation.

ALL DONORS MUST BRING A PHOTO ID WHEN DONATING

Medical Conditions	Can I Donate?	Medical Conditions	Can I Donate?
Acupuncture	Yes	Mononucleosis, when recovered	Yes
Active allergies (no symptoms today)	Yes	Piercing more than 12 mos ago	Yes
AIDS, exposure to AIDS, positive HIV test	No	Pregnant	No
Angina	No	Sutures/stitches still in	No
Arthritis		Tattoo more than 12 mos ago	Yes
Osteo	Yes	Tooth extraction more than 3 days ago, healed, no sutures	Yes
Rheumatoid	No	Traveled/lived in UK for a total of 3 mos btw 1980 and 1996	No
Asthma (no symptoms w/in 48 hrs)	Yes	Tuberculosis, when recovered and off medication 1 yr	Yes
Blood Transfusion, more than 12 mo.s ago	Yes	Traveled in Europe for more than 5 years from 1980 to present	No
Cancer: basal cell skin cancer, or treated in situ cervical cancer	Yes		
Cold (active)	No	Medications	
Exposure to a cold but no symptoms, feel well	Yes	Antibiotics, more than 48 hrs ago	Yes
Diabetes	Yes	for acne	Yes
Dental work w/in last 24 hrs	No	Acutane for acne w/in 4 wks	No
Electrolysis	Yes	Allergy pills	Yes
Epilepsy or seizures, not on medication, no episode w/in last yr.	Yes	Aspirin/Advil	Yes
Fainted once from giving blood	Yes	Birth control pills	Yes
Fever	No	IV street drugs	No
Flu	No	Proscar w/in 4 wks	No
Gonorrhea (w/in last 12 mo.s)	No	Tegison for Psoriasis	No
Heart attack	No		
Hepatitis (viral)	No	Vaccines	
Household contact/exposure to hepatitis more than 12 mo.s ago	Yes	Chicken Pox Vaccine, more than 4 wks ago	Yes
High blood pressure controlled w/ medication	Yes	Lyme Disease Vaccine, more than 12 mo.s ago	Yes
Jaundice as newborn	Yes	Measles, Mumps, Polio (oral), Small Pox, Yellow Fever	
Jaundice after age 11	No	more than 2 wks ago	Yes
Malaria: Travel in malarial area more than 12 mo.s ago	Yes	Rubella Vaccine, more than 4 wks ago	Yes
Residence in malarial area more than 3 yrs ago	Yes	MMR Vaccine, more than 4 wks ago	Yes

For answers to medical eligibility questions, call the Blood Donor Center at 1-617-726-9237 or 726-8171